

JESSICA L. ABRAHAM, LCSW

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Curriculum Vitae

PROFILE

- Licensed Clinical Social Worker (LCSW) that is passionate about helping others succeed through empowerment and self-determination. Seeking a position that allows me to use my skills as well as gain more knowledge and grow in my field.
- Over 2 years of experience working as Case Manager in a healthcare setting, providing supportive care and resources within a discharge planning role.
- Over 2 years of experience working as Reentry Broker / Case Manager for local non-profit, empowering formerly incarcerated clients (many of whom are crossover mental health, veteran and homeless population) to secure employment, housing, and any additional resources in order to lower chances of reoffending and thus making communities safer.
- Over 6 months of experience as an intern in a domestic violence shelter working closely with clients, families, and communities dealing with sexual assault and domestic abuse and offering emotional support / therapy.
- Adept with working with Microsoft Word, Excel, and PowerPoint; adaptable to any situation, a quick learner, positive attitude, attentive to detail, and hard-working; strong computer, communication, and writing skills.

EXPERIENCE

316 Counseling Center - McKinney, TX April 2022 – February 2023

- Provided mental health therapy to individuals in a private practice setting under the supervision of a LCSW-S
- Counseled and provided psychoeducation to adolescents and adults according to treatment goals
- Documented client information such as session notes, progress notes, and treatment plans in a timely manner
- Developed a positive therapeutic relationship with clients through use of interpersonal skills and rapport building

Medical City Dallas Hospital – Dallas, TX January 2021 – Present

- Trained in conducting psychosocial assessments, discharge planning, care coordination and responding to social work consults
- Met with interdisciplinary teams regarding discharge planning and continuum of care in the Neonatal Intensive Care Unit (NICU) and Women/Children's hospital
- Quickly responded to crisis situations involving family members of patients experiencing grief, female patients suffering from post-partum depression, and generalized anxiety disorder; provided crisis counseling and ongoing support for families using strengths-based perspective and CBT.
- Collaborated with Child Protective Services (CPS) and Adult Protective Services (APS) in regards to patients who had an open case and facilitated appropriate plan of action for after discharge.

Unlocking Doors - Dallas, TX September 2018 – August 2020

- Performed intakes for clients and prepared a customized case plan for each client including referrals to appropriate partners, organizations, and resources
- Scheduled, coordinated, and conducted assessments of clients using approved assessment tools (TRAS and ORAS); incorporated listening and interpersonal skills to build rapport with client
- Collaborated with members of the community in order to reach more potential clients through education job fairs, parole and probation orientations, and community meetings
- Completed all documentation in IRIS database in a clear, thorough and timely manner

EDUCATION

MASTER OF SOCIAL WORK

Texas A&M Commerce, Commerce, Texas (GPA: 3.9/4.0) August 2019

BACHELOR OF SOCIAL WORK

Texas Woman's University, Denton, Texas (GPA: 3.7/4.0) May 2018